

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:00	Adults 9:00-10:30			Rockin' Rollers 9:00-9:45	Adults 9:00-10:30	Tiny Tumblers 9:00-9:45		
9:15								
9:30								
9:45								
10:00							Rockin' Rollers 9:45-10:30	
10:15		Adults 9:00-10:30		Adults 9:00-10:30				
10:30	Tiny Tumblers 10:30-11:15							
10:45								
11:00								
11:15								
11:30					Rockin' Rollers 11:30-12:15			
11:45								
12:00								
12:15								
1:00								
1:15			Tiny Tumblers 1:00-1:45					
1:30	Tiny Tumblers or Rockin' Rollers 1:30-2:15	Tiny Tumblers or Rockin' Rollers 1:30-2:15		Rockin' Rollers 1:30-2:15				
1:45								
2:00								
2:15								
3:30	Beginner 11-15 3:30-4:30		Beginner 8-10 3:30-4:30		Beginner 11-17 3:30-4:30			
3:45								
4:00		Inter- mediate 8-10 3:45-5:00	Beginner 5-7 4:00-5:00	Beginner 5-7 3:45-4:45	Inter- mediate 5-7 4:30-5:45			
4:15								
4:30	Inter- mediate 11-15 4:30-5:45	Beginner 5-7 5:00-6:00	Inter- mediate 8-10 4:30-5:45	Inter- mediate 11-17 4:30-5:45	Beginner 5-7 4:45-5:45	Beginner 5-7 4:30-5:30		
4:45								
5:00								
5:15								
5:30								
5:45						Intermediate 6-9 5:30-6:45		
6:00	Trampoline & Tumbling 11-17 6:00-7:30	Beginner 8-10 6:00-7:00	Advanced 11-15 5:45-7:15	Beginner Boys 8-10 5:45-6:45	Trampoline & Tumbling 11-17 6:00-7:30			
6:15								
6:30								
6:45								
7:00								
7:15								
7:30								



# Flipper's Gymnastics

69 Orchard Street  
 Ramsey, NJ 07446  
 (201) 327-FLIP  
 flippersgym@outlook.com  
 www.flippersgymnastics.com

## Fall 2017-Spring 2018 Class Registration Information

Flipper's Gymnastics is a brand-new facility founded on the philosophy that you don't have to compete to enjoy gymnastics. We provide instruction using a skills-progression methodology, which teaches skills in the proper order. This, in turn, allows the body to adapt and strengthen, which reduces the risk of injury caused by trying higher level skills before one is ready.

Classes in Navy/Yellow are potential new classes – let us know if you might be interested in these!



# Flipper's Gymnastics

## Student Registration Form

Student Name: \_\_\_\_\_

M / F      Age: \_\_\_\_\_      DOB: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Level (circle one): TT RR Beg Int Adv Adv+

Day/Time: \_\_\_\_\_

Session Length (circle one): 8wks 16wks 32wks

Tuition: \_\_\_\_\_

May we use your child's photo on our website or in advertisements? Yes No

How did you hear about us? (if referred by current student, please provide name) \_\_\_\_\_

Are there any medical conditions of which we should be aware? Circle one: Yes No

If yes, explain: \_\_\_\_\_

*Flipper's Gymnastics recommends that every student complete an annual physical examination.*

Physician Name: \_\_\_\_\_

Phone: \_\_\_\_\_

When was your child's last physical exam?

\_\_\_\_\_

**Eligibility to participate in class at Flipper's Gymnastics requires a completed student registration form with release of liability and emergency medical authorization and full tuition on or before the first day of class.**

**LIABILITY RELEASE:** Must be signed by parents or guardians before child can participate.

I, \_\_\_\_\_  
Parent/Guardian (please print name):

**acknowledge that by participating in gym activities and/or by moving around in the gym, with its equipment, apparatus and possible uneven surfaces, there is risk of injury. I acknowledge that I accept the risk and waive the option to sue should I, or any minors for whom I am responsible, incur injury. By waiving the option to sue, I also thereby release Flipper's Gymnastics, L.L.C. and its agents or employees from liability for such injury.**

**I have read this release and understand all of its terms. I understand that by signing this release, I am giving up substantial rights. I execute it voluntarily and with full knowledge of its significance.**

Signature of  
Parent/Guardian: \_\_\_\_\_



# Flipper's Gymnastics

## Pricing

Our classes will be priced as follows:

Length	8 weeks	16 weeks	32 weeks
45 min	\$160	\$275	\$500
60 min	\$210	\$365	\$675
75 min	\$265	\$450	\$840
90 min	\$315	\$540	\$980

Adult classes will run on a pay-as-you-go basis. The price will be \$25/class.

Multiple students in one family will earn a discount – full price for the first child, 10% off the second, and 12% off all additional children.

A membership fee of \$50/student will be charged once each year at the time of enrollment. This fee will offset insurance costs. The fee is not discounted for multiple students in a single family.

**What are some of the benefits of enrolling my child in a gymnastics class?**

- Develops coordination, flexibility, and strength
- Teaches listening and following directions
- Builds self-esteem and confidence
- Provides social interaction with peers
- Teaches goal setting
- Develops cognitive abilities to help in the classroom
- Develops skills to enhance other sports
- It's fun!